



ACE Safety Academy Ltd – Scheme of Work

Module Code	SUHL	Course Duration	½ Day
Qualification Title	Safe Use of Harness and Lanyards		

Aims and Objectives The aim of this course is for anyone in your organization that uses / supervises or manages work at height and needs to be made aware of the correct selection, inspection and use of safety harnesses and lanyards to prevent falls

Day / Times	TOPIC [Including Key Skills / Basic Skills]	RESOURCES	COMMENTS
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Day One

09.00 – 13.00	<p>Introduction – Course Aim and Objectives</p> <p>Legislation</p> <p>New Guidance on when Harnesses / Lanyards need to be worn</p> <p>Categories for safe work at height</p> <p>CE marking – Traceability</p> <p>Work Restraint – Why?</p> <p>Work Restraint – how it will work</p> <p>Equipment strengths</p> <ul style="list-style-type: none"> • Harnesses • Lanyards • Connectors <p>Equipment Inspection</p> <p>Rescue Provision</p>	<p>Powerpoint presentation, projector, pens and student handouts.</p> <p>Suitable classroom if delivered outside Ace head office.</p>	
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	<p>Practical Session</p> <ul style="list-style-type: none">• Fitting and Inspection of a full body harness, restraint lanyard and correctly attach to an anchorage point <p>Written Test Paper</p> <p>End of course discussion</p> <p>Close</p>		
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