



# ACE Safety Academy Ltd – Scheme of Work

**Module Code**

WH

**Course Duration**

1 day

**Qualification Title**

Working at Height including the need for Rescue Planning

**Aims and Objectives**

This course has been designed for employees who will have the responsibility to apply & use collective & fall arrest systems when working at height in an internal/external environment.  
To be able to formulate & use a rescue plan in accordance with the working task.

**Day / Times**

**TOPIC**

[Including Key Skills / Basic Skills]

**RESOURCES**

**COMMENTS**

**09.00am – 16.30pm**

- Course Introduction Aims & Objectives
- Video – Accounts of people being injured in falls from heights in various industries
- Acts & Regulations – Focusing on the Working at Height Regulations 2005, application & Duty-Holders responsibilities
- Risk Assessment & Hazard Identification, specific to the working at height industry for internal/external environments
- Collective & Personal Protection – The working at height hierarchy; Avoidance, Existence, Working Platforms & Personal Protection
- Equipment Demonstration – Ability to apply, inspect & use; Work Restraint, Work Positioning & Fall Arrest – Harnesses, Energy Absorbers & Inertia Reels
- Applying the Rescue Plan – Rope Access; Mini Ascenders, Pre-Syncope & Faller Recovery

Classroom Environment – PowerPoint Presentation including a selection of Fall Protection Equipment

Flip Chart & Pens

A Selection of Fall Protection Equipment including a Rescue Kit

	<ul style="list-style-type: none"><li>➤ Practical Assessment under Instruction – Installation &amp; use of the selected Fall protection Equipment, including the recovery of a student that has been subjected to a fall from height (can be personalised to a specific task )</li><li>➤ Written Assessment Test Paper</li><li>➤ Course Summary / Evaluation &amp; Discussion</li><li>➤ Close</li></ul>		
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